



moving from **SELF-HEARTED** to **SOFT-HEARTED**

The security of my adoption into God's family, thanks to his love, grace and forgiveness, encourages me to explore the self-hearted inclinations of my soul and acknowledge and confess my selfish desires.

As I learn to obey everything God commanded, I am transformed from living a "me-centered" life to a "God-centered life" where what he says matters most.

What God says ought to matter most.

Read Romans 6:19-23 then answer the following questions.

How do you feel about the connection between what you obey and slavery?

How do freedom, obedience and slavery relate to one another?

Reflect on your last few days and describe some moments of disobedience.

Confession is a biblical discipline that helps develop intimacy with God. It is agreeing with or saying the same thing as God in regards to our sinfulness.

Read over your answer above and tell God about your moments of disobedience.

Take one moment of disobedience (a habit, pattern, or weakness) and create a plan to change it. Write it below and share it with a friend or family member.

Read Luke 18:9-14 then complete the 3-part interactive Bible study.

1. Copy the passage "word for word" from your Bible.

2. Write the passage in “your own words” as if you’re telling a friend about it.

3a. Write down what you will do/stop doing as an act of obedience to God’s word.

“ I will...”

3b. Share with a friend or family member (preferably someone who might not have a personal relationship with Jesus) how this specific passage is impacting you. Or, share what God is doing in your life in general. Write their name below.

If there is anything I have I can't give away, I don't own it; it owns me.



Our lives are like an iceberg.

What is above the water line is what people see and what is below the water line is what we actually know, feel, think, etc.

How are they similar in your life?

How are they different?

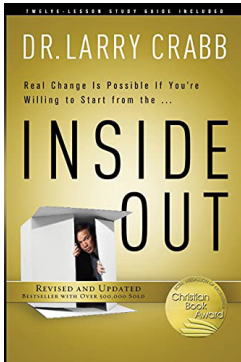
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Continue your exploration...

Engage and obey Bible passages from the Self-Hearted to Soft-Hearted Reading Plan.

- ☐ Mark 7:17-23
- ☐ Luke 9:23-25
- ☐ Luke 18:9-14
- ☐ Ephesians 2:1-10
- ☐ 1 John 2:1-6
- ☐ Psalm 119:24-33
- ☐ Romans 12:1-2
- ☐ Proverbs 3:5-6
- ☐ 1 Corinthians 6:12-20

Read “Inside Out” by Larry Crabb.



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